ICAN®
Succeed. In *Education*. In *Career*. In *Life*.

Prerequisites:

• None

Lesson Goal

This lesson is recommended once per semester each year of high school. The goal of the MyACT lessons is to engage students in discussion of likes, dislikes, skills, and interests, and how those personality traits impact career and college choices. The lesson will also delve into career research and begin discussions on career requirements for education and training after high school, high school course recommendations, and the influence of career choice on the overall college planning process.

What should students learn from the lesson?

- Students will be able to list and rank career options as they relate to their interests.
- Students will be able to describe options after high school and why it matters to their career aspirations.
- Students will be able to identify two realistic post-secondary options that will lead to the same career aspiration.
- Students will understand the role of high school courses in an overall post-high school plan.

What is the in-class activity?

- Overview of MyACT and setup of user account
- Completion of assessments
- Review of profile sections and tabs and the assessment results
- Review of Career Cluster Map and beginning of career selection and research
- Discussion of Career Map including job outlook
- Discussion of recommended courses for career pathways
- Discussion of Major Map and education and training requirements
- Creation of MyACT folder with copies of top career choices, career map and major map.

What is the takeaway for students?

- Students will understand how their interests relate to career pathways and future occupational options.
- Students will understand how career pathways link to potential college programs and majors.
- Students will understand what volunteer opportunities enhance experience and what opportunities are available.
- Students will understand how academic performance can be directly correlated to goal attainment.

Materials Needed:

- Computer Lab
- Career Worksheet
- Printer
- Folder