

College 101

Grades: 10,11,12

Prerequisites:

Career Assessment

Lesson Goal

This lesson is going to cover what students need to know about college including:

- · High school graduation vs. college admission requirements
- Simple tips to succeed in college
- College departments where to go for help

The overall goal of the lesson is to introduce students to the college experience.

What should student learn from the lesson?

- What student services departments exist to assist students
- Ways to increase success in college
- How to increase a student's chance of getting admitted

What is the in-class activity?

- Go over high school requirements.
- Define college and options after high school
- Have students look up admission requirements to college of their choice.
- Compare requirements
- Go over student service departments including Academic Advising, Career Services, Financial Aid, Department of Resident, Tutoring, and Public Safety
- Give How to Succeed in College worksheet and have class discussion on how worksheet topics.
 - Going to Class
 - Asking for help from professors
 - Meeting new people
 - Getting involved on campus
 - Time management
 - Going home vs staying on campus
 - Sleep
 - Studying

What is the takeaway for students?

- Students will have a basic understanding of college departments and where to find help on topics.
- Students will develop success strategies for college
- Students will understand college admission requirements
- Students will understand the difference between high school and college expectations

Materials Needed:

- Computer
- How to Succeed in College worksheet