

Prerequisites:

- Career Assessment

Lesson Goal

The main goal of this lesson is to get students thinking about future careers they would like to 'try on' and to gain an understanding of the 'soft skills' that increase your employability.

What should student learn from the lesson?

- What job shadows and internships entail.
- Why it's important to take part in a job shadow or internship.
- What employability soft skills include and why they are important.

What is the in-class activity?

- Define Job Shadows
- Define Internships
- Discussion of why job shadows are important in high school. What benefits of job shadows include.
- When to do internships and how to find them.
- Define essential skills (eye contact, handshake, proper grammar/speech, appearance)
- Practice essential skills and interview questions with fellow students.

What is the takeaway for students?

- Understand the difference between job shadows and internships.
- Know different resources to find and acquire job shadows and internships.
- Understand what soft skills are and why they are important.
- Have practiced essential skills and known the difference between good and bad skills.
- Have practiced interview skills and know how to structure answers to common interview questions.

Materials Needed:

- Projector
- Discover Interests Worksheet
- Is It the Right Job Worksheet
- Employability Handout