Explore Careers: **Find the Right Career** for your future success. p. 6

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**Earn As You Learn.**
Get paid while you train for your future. p. 10

Explore **17 Registered Apprenticeship Programs**
and find your future. p. 10-35

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**ICAN**
Succeed. In **Education. In Career. In Life.**

[www.ICANsucceed.org](http://www.ICANsucceed.org)
Your Future is in Your Hands.

Learn more about a career in the trades. builtbypros.com

Website: CICBCT.org
P.O.Box 3312
Des Moines, IA 50316
PH: (515) 262-0120
FAX: (515) 262-0068

Representing all Trades engaged in Building and Construction and Repairs Affiliated with the Iowa State Building and Construction Trades Council.

- International Brotherhood of Boilermakers Local Lodge #83
- International Union of Bricklayers & Allied Craftsmen Local #3
- Operative Plasterers & Cement Masons International Association of the United States & Canada Local #21
- International Brotherhood of Electrical Workers Local #347
- International Union of Elevator Constructors Local #33
- Glaziers, Architectural Metal & Glass Workers Local #1075
- International Association of Bridge, Structural & Ornamental Ironworkers Local #67
- Laborers International Union of North America Local #177
- International Union of Operating Engineers Local #234
- United Association of Plumbers & Allied Trades Local #264
- United Association Plumbers & Steamfitters Local #33
- United Union of Roofers, Waterproofers & Allied Workers Local #142
- Sheet Metal Workers International Association Local #45
- United Association Road Sprinklers Fitters Local #669
- Brotherhood of Carpenters Local #106
ICAN Planning Assistance Through ICAN

- Ninety percent of the fastest growing careers require education or training beyond high school. ICAN empowers Iowans to achieve lifelong success through education, training, and informed decision-making.

Building Trades Career Opportunities

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Planning Assistance Through ICAN

- Get one-on-one assistance with planning for high school, education/training, career, and financial aid. Schedule an appointment, virtual or in-person, at ICANsucceed.org/apt.
- Register online for career planning information through the Career and College Corner blog and the ICAN Tip of the Week video series. Visit ICANsucceed.org/signup.
- Review the ICAN Scholarship Database at www.ICANsucceed.org/scholarships.

Follow ICAN

ICAN offers virtual and in-person advising. Schedule an appointment at ICANsucceed.org/apt.

- Ankeny
- Davenport
- Des Moines
- Coralville
- Council Bluffs
- Hiawatha
- Orange City
- Sheldon
- Sioux City
- Waterloo
Life After High School

Can you visualize your future? What does life after high school look like? How do you want to spend your time?

For some college is the next step – two to four more years of hitting the books and working toward a degree. For others the idea of another week in a traditional classroom setting, let alone four more years, is what nightmares are made of.

And that’s ok. There are thousands of different career paths to be chosen, and many of them do not involve a college degree.

Education is Essential. A Four-Year Degree is Not.

Four years of college isn’t for everyone, and the job market isn’t set up for everyone to need a four-year degree. In fact, most careers in areas such as advanced manufacturing, health care, and the building and construction trades require education beyond high school but not a four-year degree.

These areas make up the largest part of the labor market, accounting for 40% of job growth with an estimated 2.5 million jobs added in 2017**. Trade jobs account for 56% of Iowa’s labor market,* and 52% of job openings in Iowa* between now and 2024 will be in areas requiring less than a four-year degree. The United States has a skills gap, meaning there are more job opportunities than there are skilled labor to fill them.

One of these jobs can be yours. Earn the skills you need through specific career and industry training. Registered apprenticeships offer classroom instruction combined with hands-on experience for a unique, career training experience that leads to guaranteed employment.

Is Training Beyond High School Worth It?

Does a degree or credential really make that big of a difference? Does furthering your education after high school through a registered apprenticeship program really impact your future opportunities?

According to experts in economics, education, and community development, the answer is, Yes, it’s worth it. Education and training beyond high school has never been more valuable. Here are a few reasons:

- 2.1% unemployment rate for college graduates.*
- 98% more income per hour than people without credentials.**
- 74% say a post high school education/training provides students not only with the skills needed for their first job, but also benefits and skills for their entire career, along with intangible benefits such as the ability to pursue a passion or contribute to society. **
- $37,010 average annual income of a high school graduate.***
- $60,000 average annual salary of a registered apprenticeship program graduate.****

Quality Pre-Apprenticeship Program

The Pre-Apprenticeship is a pathway to entry into a Registered Apprenticeship training program, designed to lead to a quality career in a skilled trade. The Labor Center’s high quality pre-apprenticeship program:

- High school students aged 17 or older can enroll prior to graduation
- Four weeks of classroom instruction and hands-on training in the evening and Saturdays. Includes approved curriculum and meets standards set by the US Department of Labor.
- Works in partnership with Registered Apprenticeship programs in construction trades and advanced manufacturing located across Iowa.
- Helps prepare Iowans to succeed in Registered Apprenticeship by offering orientation, consultation, direct connections to training, apprenticeship readiness courses, and additional support that continues into the Registered Apprenticeship program.

Certificate of Completion of the Pre-Registered Apprenticeship Program includes

- An OSHA-10 Certificate
- First Aid & CPR Training
- Math refresher and preparation for required apprenticeship entrance exams
- Curriculum covering essentials like trades awareness, handling tools, blueprint reading, workplace diversity, financial literacy, time management, and more.
- Hands-on experience in one or more trades to test the student’s interests and abilities.
- Introductions to registered apprenticeship training program coordinators and tours of training facilities
- Application assistance and interview preparation

Visit ICANsucceed.org/pre-apprenticeship for information.

Try It Out - Job Shadows and Internships

Declaring a career intention is a big and often overwhelming decision for students because of the vast array of options offered and the honest fact that many students just don’t know what they want to do in the future.

- Participate in career days and mentoring programs at your school
- Talk to your school counselor about job shadow opportunities to learn about careers that interest you.
- Work part-time to gain experience and build skills in your chosen career
- Participate in extracurricular activities, especially those that offer leadership opportunities
- Talk to professionals in specific careers to learn more

Find Your Path

Exploring careers before you select an education or training path enables you to find the best option that fits your career interests and goals. Imagine every high school class and every activity you pursue as a building block for your future, and imagine knowing how those building blocks fit together and which ones are the right fit before you begin your post-high school experiences.

Career planning is an ongoing process – one that benefits from the help and support of others. Think about long-term goals and whether you need to build certain skills, gain experience, or create a financial plan. Not having goals could increase your educational costs and the time you spend in training. Work with your parents, school counselor, and teachers to formalize your path for the future.

Step 1 - Career Assessments

The key to a long and happy career is finding one that matches your interests and values. Therefore, career planning is simply getting to know yourself. Career assessments can help you:

- Identify your strengths, values, and areas of interest.
- Match your results to career pathways or industries.
- Link career pathways to specific careers and salary expectations.
- Link careers to education and training requirements.

Assessments identify career pathways or clusters for you to explore through high school coursework and field experiences. Use your four years in high school to explore the pathways highlighted by your career assessment results. Fill your electives with courses that fit your pathway and help you expand your knowledge in your pathway. You may determine something isn’t the right fit. You may also find your passion early, and adjust your four-year plan to reflect your chosen career.

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- Hands-on experience in one or more trades to test the student’s interests and abilities.
- Introductions to registered apprenticeship training program coordinators and tours of training facilities
- Application assistance and interview preparation

Visit ICANsucceed.org/pre-apprenticeship for information.
Earn As You Learn

When you choose a career in the construction trades you’ll be working, learning, and earning immediately.

The Iowa Building and Construction Trades Registered Apprenticeship Programs are overseen by the U.S. Department of Labor, Bureau of Apprenticeship and Training, and are “Earn and Learn” programs that combine on-the-job training with structured learning at no cost to students.

With the apprenticeship program you work full-time and go to classes. You get paid to go to school. You can get a Skilled Job, with Great Benefits and a Lifelong Career. You can make up to $95,900 - $105,000 per year in wages and benefits.

While individual programs and trades vary, in many cases an apprentice student would spend time with experienced professionals on real job sites working and learning the trade. When not on a job, students are in classes. Both on-site and classroom experience provides a paycheck, and while exact figures vary by profession, the average apprentice makes about half of a journeyman’s hourly wage with salary increases every six months, along with health care benefits and the opportunity to enroll in a pension program. Most programs also guarantee a job within the union upon completion of the registered apprenticeship program.

Iowa Union Contractors and the workers they employ are the best in the business. An employee of a union contractor in the construction trades has gone through thousands of hours of training as an apprentice to learn his/her skills. That learning experience of three and five years has taught the unionized worker the skills they need to be the best in the business.

In addition to experience, a paycheck, and a job guarantee, many apprentice programs can be applied to an associate’s or bachelor’s degree. For transfer credit specifics, talk to your local union representative.

Success Skills - Learn to Manage Your Time

Good time management skills will keep your stress level down throughout high school — and life.

- **Use it daily.** Immediately write down assignments, projects, due dates, and tests for each subject.
- **Include everything.** Activities, meetings, and practices reduce your available time; write them down so you can plan accordingly. Block off study time for upcoming tests.
- **Create a system.** Color-coding by subject or priority allows you to take in information at a glance. Label items A. Due Tomorrow; B. Items Due this Week; C. Items Due in 2-4 weeks; D. Items Due in a Month.
- **Plan backward.** Work back from due dates by writing down which parts of large projects you’ll take care of each day.
- **Check it twice.** Look at your list before you leave school to make sure you have everything you need. Cross or check off each assignment when you finish it.
- **Prioritize.** Do the assignments due tomorrow first. For longer-term projects, try to fit chunks into the time you have available — study for a quiz in the half-hour before dinner, and spend two hours after dinner working on a paper.

The University of Iowa Labor Center

**Providing education and resources for Iowa’s workers**

**Questions about your rights on the job? We can help!**

- What legal rights apply in Iowa workplaces?
- What should every worker understand about pay, work hours, and benefits?
- What should workers do if an injury occurs at work?

**Resources and quick references**

- **Iowa Worker Rights Manual:** Comprehensive overview of dozens of state and federal laws, and how and when they apply in Iowa workplaces.
- One-page leaflets answering common questions about wage payment, health & safety, discrimination, and other basic rights.
Bricklayers

Bricklayers build walls, partitions, arches, fireplaces, chimneys and other structures from bricks, blocks, structural tile and other pre-made materials. Specialty areas include bricklayers, terrazzo workers, pointers, cleaners and caulkers, stonemasons, tile and marble setters, tile and marble finishers.

Bricklayers & Allied Craftworkers Apprenticeship Program
Bricklayers and Allied Craftworks (BAC) Local 3 represent the trowel trades for most of Iowa. Members build many different types of masonry structures along with:

- Restoring old masonry structures
- Installing water and vapor barriers
- Masonry cleaning
- Creating sidewalks, roads, or patios using brick pavers

Apprentice Process

- Applications are accepted year round and are processed in December. Applicants must be 18 years old with a high school diploma or equivalent.
- Following an interview with the Joint Apprenticeship Training Committee (JATC) in January, the committee chooses candidates for the pre-apprentice program.
- The pre-apprentice program is March through April.
- Upon completion of the pre-apprentice, assistance is offered in securing a position with a signatory contractor. At this time, the student becomes a first-year apprentice.

Learn More
BAC Local 3 IA - Marshalltown - https://baclocal3ia.org
Chris Busch - Apprenticeship Coordinator - (319) 721-6145

Teamsters

The Teamsters Union is North America’s strongest and most diverse labor union. There are nearly 1,900 Teamster affiliates throughout the United States, Canada, and Puerto Rico. Teamsters stand ready to organize workers who want to bargain collectively. The Teamsters Union also performs vital tasks in such areas as pension management, safety and health, community outreach, governmental affairs and communications.

Learn More
Teamsters Local 238 - Cedar Rapids - teamsterslocal238.com
Rod Walton - Apprenticeship Coordinator - (319) 365-1461

Teamsters Local 371 - Quad Cities - teamsters.org
Scott Beaird - Apprenticeship Coordinator - (309) 787-4456

Teamsters Local #554 - Omaha, NE - local554.org
(402) 331-0550

Do you like to build things? Do you like to work with your hands?
Come join us at Bricklayers & Allied Craftworkers Local 3

Contact Chris Busch - Training Director - Iowa State Trowel Trades
Email: cbuschklett@gmail.com Cell: 319-721-6145

Location Hourly Wage Total Wage Package
Cedar Rapids $31.81 $46.04
Des Moines $32.72 $48.66
Quad Cities $29.00 $48.55
Carpenters

Carpenters construct, erect, install and repair commercial and residential structures and fixtures of wood, plywood and wallboard. They erect framework in buildings, including sub-flooring, partitions and rafters, and install molding, wood paneling, cabinets, windows, doors and hardware as well as building forms for concrete work, building stairs and laying floors.

Carpenters Apprenticeship Program
Apprentices learn their trade both in the classroom and on the job, all the while, earning a graduated wage and receiving the same great benefits of a journey-level Carpenter.

Carpenter apprentices work right beside Journeypersons on the job, then come to class on a regular schedule to complete their training. Apprentices earn at least 60% of the Journeyman wage scale, and receive 100% of the health care and retirement benefits available.

Carpenters take pride in helping to build the community, and have the potential to earn wages and benefits, including retirement, totaling over $47 an hour within four years.

Learn More
Carpenters #106 - Des Moines - carpenters106.org
Anthony Fasano - Apprenticeship Coordinator - (515) 265-3467
Five Rivers Carpenters JATC - Cedar Rapids
carpentersunionapprenticeship.com
John DeLany - Apprenticeship Coordinator - (319) 365-9519
Carpenters Apprenticeship - Quad Cities - carpenters.org
Curt Determan - Apprenticeship Coordinator - (309) 755-3585

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Boilermaker

Boilermakers build and repair steam and hot water boilers that are used in a wide variety of commercial and industrial settings.

Welding. Rigging. Heavy Fabrication. These are a few of the skills you will learn as a Boilermaker apprentice.

Utilizing advanced training techniques and over 100 years of history and experience, we are dedicated to creating highly skilled craftsmen and women to be the Boilermakers of tomorrow.

Boilermakers National Apprenticeship Program
The Boilermakers National Apprenticeship Program is a four-year, on-the-job training program, consisting of a minimum of the following:

- 576 classroom hours
- 6,000 field construction hours
- All applicants must be at least 18 years of age.
- Applicants must be high school graduates or provide proof of equivalent education attainment, such as successful completion of a GED. Each applicant must submit a copy of their high school transcript or official report of GED test results if these documents will verify graduation.

Learn More
View curriculum at bnap.com
Boilermakers Local 83 - Iowa, Nebraska, Kansas and parts of Missouri
bml83.org Click Apprenticeship
Tom Burgess - Apprenticeship Coordinator - (816) 523-8300

Boilermakers Local 60 - Quad Cities/Peoria, IL
(309) 266-7144 - boilermakers.org/local/60

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Electricians

Electricians plan, install, troubleshoot, and maintain power, lighting, controls, system automation, communications, climate control and equipment in commercial and industrial facilities, as well as residential dwellings.

National Joint Apprenticeship Training Programs

Apprenticeship opportunities exist in three program areas.

Inside Wiremen

Inside Wiremen perform installation & maintenance for commercial office buildings and all complexes, including Data centers, power plants, wind and solar energy systems, retail stores, hospitals, schools and universities, and manufacturing plants.

Program details: 5-year Systematic Program includes 8,000 hours of paid On-The-Job Training and 900 hours of Related Study (classroom & lab). This apprenticeship program offers the apprentice a standard set of wage increases starting at $14.60 to $15.89 an hour and currently culminating at a completion wage of $35.52 to $36.50 an hour.

Telecommunication Technicians

Telecommunication Technicians perform installation and maintenance for all voice, data, video, and security system in commercial office buildings, complexes, hospitals and industrial facilities.

Program details: 3-year Systematic Program includes 6,000 hours of paid On-The-Job Training and 480 hours of Related Study (classroom and lab). This apprenticeship program offers the apprentice a standard set of four wage increases starting at $14.15 to $14.94 an hour and currently culminating at a completion wage of $28.88 to $29.88 an hour.

Residential Wireman

Residential Wireman are trained to handle the installation, maintenance and integration of various electrical systems for the residential market.

Program details: 3-year Systematic Program includes 6,000 hours of paid On-The-Job Training and 480 hours of Related Study (classroom and lab). This apprenticeship program offers the apprentice a standard set of four wage increases starting at $15.70 to $16.80 an hour and currently culminating at a completion wage of $25.00 to $25.85 an hour.

High School Preparation

High school students interested in becoming an electrician would benefit from taking industrial arts courses in high school.

Your Future Starts Here!
Welcome to a Rewarding Future In the Electrical Industry
You bring the motivation & desire and we'll provide the following:

- A Career with a Future
- Earn While You Learn
- Excellent Wage Rate
- Paid Health Insurance
- Guaranteed Pension Benefits
- State-of-the-Art Benefits
- Safer Working Conditions
- Pride and Dignity

Visit: CREJATC.ORG to see details about the electrical apprenticeship opportunities; Journeyman Wireman / Low-Voltage Technician / Residential Wireman
Application Process

- Must have a high school diploma, GED, or a 2-year associate degree or higher and provide official transcripts
- Must provide evidence of successful completion of one full year of high school algebra with a passing grade or one post high school algebra course with a passing grade
- To qualify for an interview, the applicant must achieve a passing score on a pre-qualifying exam that tests the applicant on math and reading/comprehension skills.

Learn More
Cedar Rapids JATC - crejatc.org
Mike Carson - Apprenticeship Coordinator - (319) 654-9238

Des Moines Electrical Apprenticeship - dmelejatc.org
Steve Hansen - Apprenticeship Coordinator - (515) 224-4349

Quad City Electrical Training Center - qcejatc.org
Mike Ellison - Apprenticeship Coordinator - (309) 762-3270

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INTERNATIONAL BROTHERHOOD OF ELECTRICAL WORKERS LOCAL UNION 347

HAVE YOU CONSIDERED WORKING FOR ONE OF THE LEADING EMPLOYERS IN THE ELECTRICAL INDUSTRY?

Our Inside program offers a variety of 100% tuition free apprenticeship programs. You may choose from the Residential (3 year), Voice Data Video (3 year) or Inside Wireman (5 year) programs. You will receive curriculum training at the Des Moines JATC, a nationally recognized IBEW/NECA Electrical Training Alliance facility. Our full time training staff will give you the knowledge you need to be successful in the electrical industry all while you are employed by one of the most successful electrical contractors in central Iowa.

IMAGINE GRADUATING WITH A JOB, AT THE TOP OF THE PAY SCALE WITH NO STUDENT DEBT, EARNING THE HIGHEST WAGES AND BENEFITS.

- Pension contribution by your employer into your own, self-directed
- Participation in a National and International pension starting your first hour worked
- Participation in a premier family Health Plan, employer paid, which includes dental, vision, Rx, wellness, death benefits and more.
- Free continuing education through the Des Moines JATC throughout your career as a Journeyman

At the JAIC: contact Steve Hansen shansen@dmelejatc.org (515-224-4349)
At the Union Hall: contact Randy Tucker rhucker@ibewlu347.org (515-419-4802) or Scott Farnsworth sfarnsworth@ibewlu347.org (515-975-9755)
Elevator Constructors

Elevator constructors complete installation, service and maintenance of all residential, commercial and industrial elevators, escalators, moving walks or any other form of people-moving and vertical transportation systems. Elevator installers and repairers often work in cramped quarters inside crawl spaces and machine rooms, and may be exposed to heights in elevator shafts.

Employment of elevator installers and repairers is projected to grow 13% from 2014 to 2024, faster than the average for all occupations.

Elevator Constructors Apprenticeship Program

The International Elevator Constructor Apprenticeship Program is managed by the National Elevator Industry Educational Program (NEIEP). The NEIEP classroom environment consists of weekly interactive instruction along with online tools, support and quizzes to test accomplishments. In addition to coursework apprentices are responsible for assisting in the installation, maintenance, and repair of passenger and freight elevators, escalators, dumbwaiters, and moving sidewalks under the direction of a Mechanic.

Apprentices are able to earn a living wage from day one and benefits are available to all students.

Interested individuals must apply through an open recruitment process which consists of an application, aptitude test, tool assessment, and an interview. To learn about upcoming recruitment sessions visit neiep.org/careers.

Learn More
Elevator Constructors Local Union #33 - Des Moines - iuec33.com
Chris Shay - Business Manager - (515) 262-0120

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Glaziers

A glazier fabricates, selects, cuts, installs, replaces, and removes residential, commercial and artistic glass, aluminum storefront frames and entrances, glass handrails, and balustrades, shower enclosures, curtain wall framing, terra-cotta/panel systems and entire building facades along with the window systems. Residential jobs may consist of mirror and residential window installation.

The IUPAT represents men and women in North America who work in the finishing trades of commercial and industrial painting, drywall finishing, glazing, floor covering, sign, and trade show/convention display.

Glaziers Apprenticeship Program

The Glaziers Apprenticeship Program is a four-year program, consisting of a minimum of 576 classroom hours/144 classroom hours per year and 7,200 on the job training hours/1800 per year.

Applicants must be at least 18 years of age and possess a high school graduate diploma or provide proof of equivalent education attainment, such as successful completion of a GED. Each applicant must submit a copy of their high school transcript or official report of GED test results if these documents will verify graduation.

A new apprentice will start at 60% of the Journey Person hourly wage and will receive a standard set of eight wage increases over the span of the four-year program. During the course of the apprenticeship, an apprentice will receive instruction in trade-specific and safety courses.

Learn More
Glaziers & Glassworkers Local 581 - Quad Cities/Cedar Rapids iupatdc81.org
Glaziers #1075 - Des Moines - iupatdc81.org
Howard Baker - Apprenticeship Coordinator - (515) 322-5009

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**Insulators**

Insulators install insulation in both industrial and commercial mechanical systems, such as piping, boilers, duct work, storage tanks and equipment for the purpose of energy savings and burn protection, and to control system heat transfer and condensation.

**Insulation Industry International Apprentice & Training Program**

The Joint Apprenticeship Training Committee (JATC), in partnership with the International Association of Heat and Frost Insulators and Allied Workers Union, provides state-of-the-art training which produces the highest-skilled and best-trained workers in the industry.

Apprentice Program Details

- Four year program
- A minimum of 576 hours of classroom instructions
- A minimum of 144 hours of classroom instruction per year
- A minimum of 1,600 hours of on-the-job training per year
- Apply online at insulators74.org/apprenticeship

Learn More

Heat & Frost Insulators & Allied Workers Local 81 - Cedar Rapids
local81insulators.com

Insulators Workers #81 JATC - Quad Cities - insulators.org
Paul Miller - Apprenticeship Coordinator - (563) 785-4622

Insulators #74 - Des Moines - insulators74.org
Jeremy Heimbaugh - Apprenticeship Coordinator - (515) 202-6903
Bo Modlin - Business Manager - (515) 202-6852

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**Ironworkers**

The trade of ironwork involves working both at great heights and underground, indoors and outdoors, in summer heat and the cold of winter.

Ironworkers erect structural steel, install reinforcing steel, metal floor and roof decking, and assemble and install decorative curtain wall. They also move heavy machinery and assemble pre-engineered buildings.

Apprenticeship Program

Ironworkers build skylines and reinforce roadways, floors, and walls with precision and craftsmanship. The skills necessary for success are taught through hands-on techniques and certifications.

Applications are accepted the first two full weeks in June of every year in person. Des Moines - 1501 E Aurora Ave and Cedar Rapids - 1112 29th Ave SW. Pre-apprenticeship employment is offered as a probationary member to those who qualify and apply outside of our apprenticeship time lines. Apprentice program covers

- OSHA 30 certificate
- Become certified riggers and signalers
- Ironworkers/AWS National Welding Certification

Learn More

Ironworkers Local 89 - Cedar Rapids - iwlu89.com
Seth Gorman - Apprenticeship Coordinator - (319) 365-8675

Ironworkers #67 - Des Moines - ironworkerslocal67.com/careers/apprenticeship-training
Joe Derby - Apprenticeship Coordinator - (515) 262-9366

Ironworkers Apprenticeship Training #111 - Quad Cities
Alex Pena - Apprenticeship Coordinator - (309) 787-0141

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Laborers

Work by laborers can include a variety of tasks. Laborers are employed by contractors for purposes of tending and assisting other trades in their job site role.

LIUNA Registered Apprenticeship Program

The Laborers’ International Union of North America provides skilled training in the core construction skills, providing a foundation of safety and productivity across all industry sectors. These include:

- Blue Print Reading
- Confined Space Awareness
- Craft Orientation
- General Construction/Hazard Construction/Fall Protection
- OSHA Safety and Health/First Aid/CPR
- Scaffold User/Flagger

Upon core skill completion areas of concentration include:

- Building Construction
- Heavy/Highway and Utility Construction
- Masonry
- Demolition and Deconstruction
- Pipelines and Tunneling
- Environmental Remediation & Landscaping

Learn More

Laborers Local #43 - Cedar Rapids - local43.org/training
(319) 366-0859

Laborers #177 - Des Moines - laborers177.com
Iowa Laborers Training Fund - (515) 270-6965
gettrained@iowalaborers.com

Laborers #309 - Quad Cities - liuna.org
Brad Long - Apprenticeship Coordinator - (309) 789-5479

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Turn Your Construction Job into a Construction Career

Iowa Laborers’ Education and Training Fund, trains the apprentices and members of Iowa Laborers’ Locals 177, 43, 1140, 620, 309 and 538. With a particular set of diverse skills that they use on the job whether that job be new construction, remodel or demolition.

A variety of tasks are make up their work day including:

- Asphalt
- Black Top
- Sewers
- Bridges
- Heavy and Highway Construction
- Pipeline
- Concrete Paving
- Placement
- Curb and Gutter
- Erecting Scaffolding
- Flagging and Controlling Traffic
- Job Site Clean-Up
- Material Handling
- Stocking Jobs with Materials
- Rigging and Signaling
- Concrete Cutting
- Earth Compaction
- Pavement Breaking
- Landscaping
- Operation of Cutting Torches
- Sandblasting
- Specializing in Heavy and Detailed Demolition
- Environmental Remediation (Removal of Asbestos, lead mold and hazardous waste) which requires more in depth specialized training in the Process of Removal, Set up of containment and use of Personal Protection Equipment.
Linemen

As a lineman, you’ll be involved in the construction and maintenance of overhead and underground power lines. You’ll learn the skills needed to work on substations and switchyards, as well as distribution and transmission circuits up to 500,000 volts.

Missouri Valley Line Constructors Apprenticeship & Training
Apprenticeship opportunities exist in three program areas.

- Lineman Program
- Traffic Signal Technician Program
- Substation Technician Program

Lineman

Linemen build and maintain electrical power systems. They do all the work from the point of generation (power plants) all the way to the customer’s meter. The lines may be on overhead structures (up to 300’) or in underground vaults or trenches. They may be in rural and metropolitan areas.

Traffic Signal Technician

A traffic signal technician possesses the skills and knowledge to do everything from erecting structures to developing special circuits and/or sequencers to enhance signal operations, installing control devices to working with computerized communication cables.

Substation Technician

Substation technicians play a vital role in ensuring that businesses, institutions and homeowners have the electrical power needed to maintain their operations.

Learn More
Missouri Valley Line Constructors JATC - Des Moines - movalleyjatc.org
Wes Roberson - Apprenticeship Coordinator (515) 961-5062

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Millwrights

Millwrights are elite construction professionals who have exceptional skills to work primarily with machinery and equipment requiring precision. Millwrights install, maintain, diagnose, and repair equipment such as compressors, pumps, conveyors, gas and steam turbines, monorails, and extruders.

Millwright Apprenticeship Training Program
Millwrights and Technical Engineers receive training in:

- Use of tools
- Layout
- Experience with machinery
- Experience involving engineering principals, optical instruments, and related information with blueprints
- Maintenance of machinery and equipment
- Welding

Apprentice Requirements

- Must be at least 18 years of age
- Must have high school diploma
- Must submit a copy of birth certificate
- Must have an interest and aptitude for the craft
- Must have a good aptitude for mathematics

Learn More
Millwright Local 2158 - Bettendorf - millw2158.com/apprenticeships
Dan Ketchum - Apprenticeship Coordinator (563) 332-3595

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Operating Engineers

Operating Engineers operate and maintain heavy construction equipment such as cranes, backhoes, loaders, scrapers and bulldozers for use in the construction of buildings, factories, roads, dams, power plants and bridges.

Operating Engineers Apprenticeship Program

Operating Engineers are masters of a variety of equipment. A broad range of skills keeps IUOE members employable, since employers’ needs vary from project to project.

The training program is operated on a 280 acre site southeast of Indianola, Iowa, which provides classroom and hands-on training.

Apprentices participate in a three-year (6,000 hrs.) program of training — consisting of 192 hours of correspondent training, 240 hours of classroom instruction, and the balance in on-the-job hands on training.

Entrance into the Apprenticeship Program requires completion of forty hours of pre-apprenticeship training at the training facility.

Applications are available online at www.local234.com/apprenticeship-training (Local 234) www.asiplocal150.org (Local 150)

Learn More
Operating Engineering Local 234 - Cedar Rapids & Des Moines local234.com
Ryan Hollinrake - Business Representative (641) 942-7112

Operating Engineering Local 150 - Davenport, Clinton, Burlington local150.org
Ryan Drew - Business Representative (309) 787-4646

Painters & Drywall Finishers

Residential, industrial and commercial painters prepare surfaces and apply paint to walls and moldings, indoors and out. Industrial work may include bridges, tanks, powerhouses, sandblasting and spray painting. Commercial work can involve painting/brush and roll, and wall covering.

Painters & Allied Trades Apprenticeship Program

The apprenticeship term is four years of classroom training for a minimum of 144 hours per year, one day per week. In addition, apprentices work 6,400 hours of on-the-job training. Classroom instruction covers:

- Work preparation/Tools and materials/ Equipment
- Woodworking
- Blue Print Reading
- Wallcoverings
- Spray Painting/Sandblasting
- Decorative Finishes
- Safety

Applications accepted year-round. An apprentice’s starting wage package starts at 50% of Journeyworker wages, with incremental increases throughout the apprenticeship. An apprentice receives benefits such as health insurance and a pension.

Learn More
Howard Baker - Apprenticeship Coordinator - (515) 322-5009 habaker@iupatdc81.org
Painters & Drywall Finishers Local 447 - Cedar Rapids iupatdc81.org
Painters & Allied Trades #246 - Des Moines centraliowabuildingtrades.org/construction-trade/painters/
Painters Local 502/676 - Quad Cities - iupatdc81.org

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Plumbers & Steamfitters

Plumbers design, install and maintain sanitary, storm, water supply and gas service lines, plumbing fixtures and mechanical equipment. Steamfitters install and service pipes and measuring devices in water and steam-pressure systems, air-conditioning and refrigeration systems, and power and fuel facilities.

Plumbers & Steamfitters Apprenticeship Program
Apprentices will work for one signatory contractors 40 plus hours per week and attend school six weeks per year. While attending plumbing classes apprentices will be educated on installation, service, and repair of water, gas, sewer, and drainage systems. After completing these classes each apprentice will have the knowledge to complete the state of Iowa plumbing exam. There is also a 40 hour backflow class.

Applications are available online at ua33jatc.org/training.

Learn More
Plumbers & Pipefitters Local 125 - Cedar Rapids - ua125jatc.com
Chip Davis - Apprenticeship Coordinator - (319) 362-9259

Plumbers, Steamfitters & HVAC Technicians #33 - Des Moines - ua33jatc.org
Jerry Lindquist - Apprenticeship Coordinator - (515) 244-1346

Plumbers & Pipefitters #25 JATC - Quad Cities - ua.org
Chuck McKnight - Apprenticeship Coordinator - (309) 788-4159

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Plumbers & Pipefitters
Local 125 of Eastern Iowa

1839 16th Ave. SW
Cedar Rapids, Iowa 52404
319-365-0413
Ualocal125.org

BRINGING DREAMS TO LIFE
The success of our business relies on all of our passionate employees going above and beyond to bring our clients’ dreams to life each and every day. Together, we are Building Excellence.
Plasterers & Cement Masons

Plasterers mix and apply coats of standard and decorative plasters, inside and out. Cement masons smooth/finish exposed concrete surfaces on walls, floors, steps, sidewalks, driveways and roads.

OPCMIA NPIJATF Job Corps
If you’re still in high school or a recent graduate with no experience in the building trades, the OPCMIA’s partnership with the federal government’s Job Corps program, the National Plastering Industry’s Joint Apprenticeship Trust Fund (NPIJATF), enables you to join a pre-apprenticeship program that will give you a leg up in entering the craft.

OPCMIA International Training Fund’s Apprenticeship Program Applying plaster and placing and finishing concrete are highly-skilled crafts requiring career-long training, from apprenticeships for workers entering the trade to upgrading and safety courses that keep journeypeople at the top of their profession. The OPCMIA International Training Fund (ITF) provides training and apprenticeship programs to maintain the time-honored traditions of the craft while advancing with cutting edge technology.

Learn More
Plasterers & Cement Masons #21 - Des Moines - opcmia.org
Earl Agan - Apprenticeship Coordinator (515) 266-1688
Plasterers & Cement Masons Local 18 - Quad Cities - opcmia.org
Josh Arnold - Apprenticeship Coordinator (309) 497-2870.

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Roofers & Waterproofers

Install roofs on structures in a variety of materials, including shingles, slate and tile, hot tar, rubber, plastics and composites.

Roofer & Waterpoofer Apprenticeship Training Program
The apprenticeship training is directed by a committee of employers and the union, working together to insure all workers are fully trained in all aspects of the trade.

Apprentices spend a minimum of 144 hours of classroom training each year for three years, and 4800 hours of on-the-job training with a mentor during the apprenticeship term.

Safety training includes but is not limited to OSHA 10, OSHA 30, rigging, signaling, and hazardous communications.

Learn More
Roofers #142 - Des Moines - rooferslocal142.com
Blake Fleming - Apprenticeship Coordinator - (515) 943-6629
Roofers & Waterproofers Local 182 - Marion - rooferslocal182.com
Brock Willson - (319) 373-2575
Roofers Apprenticeship #32 - Quad Cities - unionroofers.com
Luis Rivera - Apprenticeship Coordinator - (309) 737-1890

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Sheet Metal Workers

The sheet metal industry is the only trade that designs, manufactures, and installs its own products. Skilled craftspeople take ordinary types of flat metal and make them into specialized metal products. Members of the trade are proud of its special distinction: They not only build - they create.

Sheet Metal Workers build products from sheets of steel, aluminum, copper and other metals, and install the finished products. They are responsible for heating, air conditioning and ventilation of commercial buildings and homes. They also design and fabricate fascia, flashing, awnings, gutters and metal roofs, as well as kitchen equipment and exhaust systems.

Sheet Metal Workers Apprenticeship Program

The apprenticeship is a five-year program that includes classroom training while working full-time with an industry professional. Once accepted into the Apprenticeship, an individual is guaranteed career placement within the industry.

Acceptance Process

- Submit an application complete with birth certificate, high school transcripts or GED equivalency.
- Take the National Careers Readiness Certificate exam. You must receive a minimum score of Silver to be eligible for an interview.
- There is a pre-apprenticeship program option as well.

Learn More
Sheet Metal Workers Local 263 - Cedar Rapids - smart263.org
Mike McCullough - Apprenticeship Coordinator - (319) 533-1389

Sheet Metal Workers #45 - Des Moines - smw45.com
Mike Cox - Apprenticeship Coordinator - (515) 262-7421

Sheet Metal Workers JATC #91 - Quad Cities - smwia.org
Rodger Robertson - Apprenticeship Coordinator - (309) 787-0695

Sprinkler Fitters

Sprinkler fitting consists of installing, testing, inspecting, and certifying of automatic fire suppression systems in all types of structures. Sprinkler systems installed by sprinkler fitters can include the underground supply as well as integrated overhead piping systems and standpipes.

Sprinkler Fitters Apprenticeship Program

The JATC program is a five-year program with on the job training and a 19 course correspondence through a nationally recognized college. Following a six-month probationary period, apprentices become members of Local 669.

Every six months of the program students have a progress review in both on-the-job applications and training courses. Satisfactory progression means advancement to the next classification and a wage increase.

Training Program Qualifications

- Must be at least 18 years old
- Must have High School Diploma or GED
- Must be physically fit to do the work of the trade
- Must be able to pass appropriate drug test and medical exam

Learn More
Sprinklerfitters Local 669 Dis. 23 - Omaha, NE - sprinklerfitters669.org
Kevin Hilsenbeck - Business Agent - (515) 901-9348

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